

Herb Name	Baking	Dairy	Fish	Garnish	Jam	Meat	Oil	Poultry	Salad	Seasoning	Tea	Vegetable	Vinegar	Wine / Liqueur
<i>Allium</i> spp. Onions, shallots, leeks	x	x	x	x		x		x	x	x		x	x	
<i>Allium sativum</i> Garlic	x	x	x	x		x	x	x	x	x		x	x	
<i>Allium schoenoprasum</i> Chives	x	x	x	x		x	x	x	x	x		x	x	
<i>Alpinia galanga</i> Galangal			x			x	x	x	x			x	x	
<i>Anethum graveolens</i> Dill	x	x	x	x		x		x	x	x		x	x	
<i>Angelica archangelica</i> Angelica	x	x		x	x								x	x
<i>Anthriscus cerefolium</i> Chervil			x	x		x		x	x	x		x		
<i>Apium graveolens</i> Celery (cultivars)	x		x	x		x		x	x	x		x	x	
<i>Armoracia rusticana</i> Horseradish			x	x		x		x	x	x		x	x	
<i>Asparagus officinalis</i> Asparagus			x	x		x		x	x			x		
<i>Avena sativa</i> Oats	x	x										x		
<i>Borago officinalis</i> Borage				x					x		x	x	x	x
<i>Brassica</i> spp. Mustard			x	x		x	x	x	x	x		x	x	
<i>Capparis spinosa</i> Caper			x	x		x	x	x	x	x		x	x	
<i>Capsicum annuum</i> Pepper	x		x	x		x		x	x	x		x	x	
<i>Carum carvi</i> Caraway	x	x				x			x	x		x	x	x
<i>Cichorium intybus</i> Chicory				x		x		x	x	x	x	x	x	
<i>Citrus</i> spp. Lemon, orange, lime	x	x	x	x	x	x	x	x	x	x	x	x	x	x
<i>Coriandrum sativum</i> Cilantro (coriander)	x		x	x		x	x	x	x	x		x	x	
<i>Crocus sativus</i> Saffron	x	x	x			x		x	x	x	x	x	x	x
<i>Cuminum cyminum</i> Cumin	x		x	x		x		x	x	x		x	x	x
<i>Curcuma longa</i> Turmeric			x			x		x	x	x		x	x	
<i>Cymbopogon citratus</i> Lemongrass			x	x	x	x		x		x	x	x	x	x
<i>ferula assa-foetida</i> As afetida			x			x		x	x	x		x	x	
<i>Fragaria</i> spp. Strawberry	x	x			x		x		x		x		x	x
<i>Helianthus annuus</i> Sunflower	x						x	x	x			x	x	
<i>Juglans regia</i> Walnut	x		x	x		x	x	x	x	x	x	x	x	x
<i>Juniperus communis</i> Juniper			x			x	x	x		x		x	x	x
<i>Laurus nobilis</i> Bay, sweet	x	x	x	x		x	x	x	x	x		x	x	
<i>Melissa officinalis</i> Lemon balm		x	x	x	x	x		x	x	x	x	x	x	x
<i>Mentha</i> spp. Mint	x	x	x	x	x	x	x		x	x	x	x	x	x

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<i>Murraya koenigii</i> Curry leaf	x		x	x		x	x	x	x	x		x	x	
<i>Myristica fragrans</i> Nutmeg	x	x		x	x	x			x	x	x	x	x	x
<i>Nasturtium officinale</i> Watercress			x	x		x		x	x	x		x		
<i>Ocimum basilicum</i> Basil, sweet	x		x	x		x	x	x	x	x		x	x	
<i>Origanum majorana</i> Marjoram, sweet	x	x	x	x		x	x	x	x	x		x	x	
<i>Origanum vulgare</i> Oregano	x		x	x		x	x	x	x	x	x	x	x	
<i>Petroselinum crispum</i> Parsley	x	x	x	x		x		x	x	x		x	x	
<i>Pimpinella anisum</i> Anise	x	x	x		x			x	x	x	x	x	x	x
<i>Piper nigrum</i> Black pepper	x		x	x		x	x	x	x	x		x	x	
<i>Rheum palmatum</i> Chinese rhubarb	x	x			x						x		x	x
<i>Rosmarinus officinalis</i> Rosemary	x	x	x			x	x	x		x	x	x	x	x
<i>Salvia officinalis</i> Sage	x	x	x			x		x	x	x	x	x	x	
<i>Tamarindus indica</i> Tamarind	x		x			x		x		x		x	x	
<i>Thymus vulgaris</i> Thyme	x	x	x	x		x	x	x	x	x		x	x	
<i>Trigonella foenum-graecum</i> Fenugreek	x		x			x		x	x			x	x	
<i>Vanilla planifolia</i> Vanilla	x	x			x					x	x		x	x
<i>Zingiber officinale</i> Ginger	x	x	x		x	x		x	x	x	x	x	x	x